



# LEAVELL COLLEGE

## NEW ORLEANS BAPTIST THEOLOGICAL SEMINARY

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CMCM 1110-30: Personal Spiritual Disciplines  
Spring 2016

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By Appointment Only  
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*The mission of Leavell College of New Orleans Baptist Theological Seminary is to equip leaders to fulfill the Great Commission and the Great Commandments through the local church and its ministries.*

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### Core Value

Each academic year, a core value is emphasized. This academic year, the core value is **Mission Focus** –  
“We are not here merely to get an education or to give one. We are here to change the world by fulfilling the Great Commission and the Great Commandments through the local church and its ministries”

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### Course Description

The purpose of this course is to introduce students to the spiritual disciplines of the Christian life. The course emphasis is on the practice of these disciplines in daily lives of the student. The course is a Pass or Fail Course.

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### Student Outcomes

At the conclusion of the semester, the student will be able to demonstrate:

1. Disciple making: To develop skills in leading discipleship groups and understanding the connection between being a disciple and making disciples.
2. Servant Leadership: To understand servant leadership as an essential part of being a fully devoted follower of Christ.
3. Interpersonal Skills: To view interpersonal skills as a vital aspect of evidence of spiritual growth.
4. Spiritual and Character Formation: To provide moral leadership by modeling and mentoring Christian character and devotion. As a ministry leader intentionally engages in the process of growing in relationship with God and becoming conformed to Christ through the power of the Holy Spirit.
5. Apply the relationship between spiritual maturity and practice of spiritual discipleship.
6. Value classical Christian disciplines as a means for life-long spiritual growth and benefit to the Kingdom of God.
7. Appreciate Christian community in a small group setting as a discipleship method.
8. Develop a plan for personal discipleship and assist others to develop a personal discipleship plan.
9. Practice appropriate disciplines of the Christian faith.
10. Prepare for further study in the area of Christian discipleship.

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### Course Texts

The following textbook is required:

## Course Requirements and Grading

*Weekly Textbook Readings:*

**Due: Each Class Session**

Students will read the required text in its entirety by following the weekly reading schedule. Completing reading before each class session is intended to improve understanding of the course content and enhance discussion participation. **Students will be asked to indicate reading percentage of the required text at mid-term and the last class session of the semester.**

## Spiritual Discipline Goals:

**Due: Feb 15<sup>th</sup> and May 2<sup>nd</sup>**

The student will be encouraged to set personal goals in developing a consistent practice of the disciplines of Bible study, journaling and Scripture memory during the semester. **The student will submit at least one spiritual discipline goal with an action plan by September 14<sup>th</sup>**. (Include name, specific goal and a plan to accomplish the goal during the semester). **Student will submit an evaluation of progress toward accomplishment of spiritual discipline goal in class on December 7<sup>th</sup>**.

Evaluation will be submitted as a double-spaced, typed, one-page assignment to the professor on December 1. Be sure to include your name on your evaluation.

## Spiritual Reflection Journal:

**Due: Mar 28<sup>th</sup> and May 9<sup>th</sup>**

Students will be responsible for completing a spiritual reflection journal as part of ministerial preparation directed toward intentional cultivation of their relationship with God. Journal entries should include, but are not limited to, reflections and applications of Bible study and textbook readings, record of personal and corporate prayer concerns, insight about spiritual journey and life circumstances, etc. The journal is personal to the student and the professor will not view the content. Journaling simply means keeping a record of your experiences and the insights you have gained along the way. **At the two assigned dates during the semester, the student will bring the spiritual reflection journal to the class session** for the purpose of the professor documenting the student's progress. Students will be required to record **at least 70 journal entries** during the semester (a minimum of 5 per week; 35 entries by Mar 28<sup>th</sup> and 35 entries by May 9<sup>th</sup>). To facilitate grading be sure to number and date the journal entries.

## Weekly Discussion Participation:

**Due Each Class Session**

## Course Outline

<u>Date:</u>	<u>Course Content:</u>	<u>Assignment's Due:</u>	<u>Class Session Led by:</u>
Jan 25	Intro of Course		<u>Dr. Laney</u>
Feb 1	Pursuing Sanctification		<u>Dr. Laney</u>
Feb 8	Spiritual Disciplines	Chapter 1 by class time	<u>Dr. Laney</u>
		For the Purpose of Godliness	

Feb 15	Bible Intake (Part 1)	<b>Spiritual Disciplines</b> <b>Goals &amp; Action Plan</b>	_____
		Chapter 2 by Class time	
Feb 22	Bible Intake (2)	Chapter 3 by class time	_____
Feb 29	Prayer	Chapter 4 by class time	_____
Mar 7	Worship	Chapter 5 by Class time	_____
Mar 14	<b>No Class</b>	<b>SPRING BREAK</b>	
Mar 21	Evangelism	Chapter 6 by class time	_____
Mar 28	Serving	<b>Spiritual Journal Check (Min 35 entries), % reading</b>	
		Chapter 7 by class time	_____
Apr 4	Stewardship	Chapter 8 by class	_____
Apr 11	Fasting	Chapter 9 by class	_____
Apr 18	Silence & Solitude Journaling	Chapter 10-11 by class	_____
Apr 25	Learning	Chapter 12 by class	_____
May 2	Perseverance	Chapter 13 by class	_____
		<b>Submit Evaluation of Spiritual Discipline Goals</b>	
May 9	Class Sharing	<b>Spiritual Journal Check (Min 35 entries), % reading</b>	

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### Weighting and Grade Breakdown

Course Requirements and Grading	200 points
Spiritual Discipline Goals	200 points
Spiritual Reflection Journal	400 points
Weekly Discussion Participation	200 points

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1000 points total

A = 930-1000 pts    B = 850-929 pts    C = 770-849 pts    D = 700-769 pts    F = below 700 pts

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### Additional Course Information

Participation is required for every class session due to the interactive learning and discussion format of the course. Students should come to each class session with a positive attitude and a pre-determined participation on the basis of completion of the weekly-required reading. Students are expected to adhere to the NOBTS Student Handbook policies pertaining to appropriate dress, cell phone restrictions i.e. do not accept or send any calls or text messages during class, and computer usage during

class, i.e. no unrelated internet surfing, instant messaging, Facebook usage, etc. Anything not contributing to the accomplishment of the course objectives should be eliminated.

Class attendance is essential for effective learning. Class periods missed because of late enrollment will be counted as absences. Three occasions of arriving late to a class session or leaving early from a class session will count as one absence. According to the Leavell College Catalog, the maximum number of absences without failure for a one-hour course is three (3) classroom hours absent. A grade of "F" will be assigned to students who fail to attend class the minimum number of hours.

### ***Selected Bibliography***

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- Eims, Leroy. *The Lost Art of Disciplemaking*. Colorado Springs, CO: NavPress, 1978.
- Elliot, Elisabeth. *Discipline, The Glad Surrender*. Old Tappan, NJ: Fleming H. Reveal, Co., 1982.
- Foster, Richard J. *Celebration of Discipline*. New York: Harper and Row, 1978.
- \_\_\_\_\_. *The Challenge of the Disciplined Life: Christian Reflections on Money, Sex and Power*. San Francisco: Harper/San Francisco, 1985.
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- Hughes, R. Ken. *Disciplines of a Godly Man*. Wheaton, IL: Crossway Books, 1991.
- Hull, Bill. *The Disciple Making Pastor*. Old Tappan, NJ: Fleming H. Revell, 1988.
- Liddell, Eric. *The Disciplines of the Christian Life*. Nashville: Abingdon Press, 1985.
- McDonald, Gordon. *Ordering Your Private World*. Nashville: Oliver Nelson Publishing, 1984.
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